

DOSAGE FORMS

Hormone Replacement Therapy (HRT) can be different for each individual. There are many different types of HRT. However, the way it is administered can make all the difference to the individual.

There are many dosage forms available, especially for those who have difficulty in swallowing medicine.

Some may have allergies or sensitivities to certain preservatives, dyes or fillers. Others cannot tolerate the taste.

Often medication is prescribed in an alternate dosage form such as troche, lozenge, suppository, pessary or cream, to allow the medication to enter the bloodstream directly. Avoiding the first pass stomach entry can mean that the drug does not get destroyed by stomach juices.

Examples of dosage forms:-

- capsules
- Slow release capsules
- Troches
- Creams, Ointments & Lotions
- Gels - Topical or Oral
- Oral Suspensions
- Paediatric Formulations
- Sugar-free Formulations
- Suppositories
- Pessaries
- vaginal creams
- Lip balms
- Flavoured lollipops
- Topical Powders
- Nasal sprays and instillations
- Veterinary formulations